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THURSDAY, AUGUST 21, 2014

Summoned by a beacon

Al Benner explores marine heritage.
Page 3

No horseplay

Animal rights activists are protesting an
upcoming rodeo
Page 6 - 7

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STALWART GUARDIAN: Military vehicles, equipment on display

Army puts out the welcome mat for community

ALLAN BENNER
QMI Agency Niagara

After nearly a week of watching military vehicles of all kinds roll along the streets of Welland and neighbouring communities, area residents will have an opportunity for an up-close look at those vehicles while meeting some of the soldiers who have been driving them.

Soldiers participating in the Stalwart Guardian 2014 training exercise along the Welland Canal this week are inviting the

community to visit their camp at the former John Deere plant, 555 Canal Bank St., Thursday from 1 p.m. to 5 p.m.

Cpt. Clarke Pluck, public affairs officer for the Canadian Armed Forces 4th Division, said people will be able to "get out and see all the vehicles that have been used on the exercise this week, see the weapons that are being used, talk to the soldiers, ask questions about the exercise."

See **ARMY** on Page 2



ALLAN BENNER / STAFF PHOTO

The train bridge in Dain City towers above a military camp set up during Exercise Stalwart Guardian.

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UPFRONT

ARMY

Former John Deere site hub of activity

From Page 1

The equipment includes armoured personnel carriers such as LAV IIIs and Coyotes, as well as weapons and body armour.

Pluck said the event will also include activities for children.

"We'll have an area for the kids to get their face painted with the camouflage paint," she said — the same paint some of the soldiers have been wearing while training.

Although there was still to be training exercises at Niagara Central Airport in Pelham Wednesday, Pluck said they wouldn't include an originally-scheduled paratroop exercise.

She said the Hercules military aircraft that was to be used for the parachuting exercise was "pulled away for real-time operations."

"That's common," she added. "It happens."

Despite the change, she said "there is still definitely stuff going on Wednesday."

But with the exception of planned events like Thursday's community event, Pluck said it's difficult to predict precisely when and where people should be to watch the action.

"It is very hard for the exercise to be viewed as times and scenario may change at any time," she said. "Also depending on some locations we have to be aware of everyone's safety."

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POLITICS: Niagara politicians make the case for regular GO train service at conference

The push for GO continues

RAY SPITERI
QMI Agency/Niagara

Keep the trains rolling.

That's what Niagara politicians were to tell Ontario Transportation Minister Steven Del Duca when they met with him Tuesday.

"We want to have them not stop the trains, keep them running until next year as a pilot while a detailed business plan goes to Metrolinx," said St. Catharines Mayor Brian McMullan, who is attending the four-day Association of Municipalities Ontario conference in London.

GO trains currently run between Niagara and Toronto as part of a seasonal summer service.

"Niagara's mayors and regional chair are working together that bringing regular GO rail commuter service to Niagara is our No. 1 priority," said McMullan, noting the unanimous resolution of regional council and the memorandum of understanding signed by all 12 Niagara mayors and regional Chair Gary Burroughs.

"It would benefit the entire region, help with jobs and the economy and he that unbridled chord, that link to Toronto and to the rest of the GTA," McMullan said he'd like to see Niagara tap into the \$29-billion fund the Ontario government set aside for infrastructure investment outside of Toronto.

"I believe that it's important St. Catharines and Niagara receive its fair share of those infrastructure dollars."

Niagara Falls Mayor Jim Diodati said it's a "natural



QMI AGENCY NIAGARA FILE PHOTO

Niagara politicians say trying to convince key provincial officials to back regular GO train service to Niagara is their No. 1 priority during this week's Association of Municipalities Ontario conference in London.

time" for the continuation of GO train service between Niagara and Toronto, with the Pan Am Games scheduled for Hogtown in 2015.

He said participating athletes and attending families will want to visit Niagara Falls. Having GO train service would "definitely help."

"Coming up to AMO (Sunday), the QEW was so congested all the way from St. Catharines," said Diodati.

"It was stop-and-go, and that pressure on the highway is a detriment to people wanting to come to Niagara Falls."

"It's a natural time with the Pan Am Games — the tracks are in place, we've had successful ridership numbers, we've proven the St. Lawrence

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Seaway is not an issue and with high-speed rail in Niagara Falls, N.Y., connecting to New York City, we're the missing link connecting New York and Toronto."

Niagara Falls is scheduled to host the AMO conference in 2015. This year's conference

began Sunday and concludes Wednesday.

While GO is the No. 1 priority, it's not the only issue Niagara politicians are raising at AMO.

Welland Coun. Paul Grenier said it's important the province maintain its level of sup-

port to municipalities, even as it tries to keep its own finances in check.

Grenier, who is part of the Welland delegation, is also an AMO board member.

He said he will encourage "predictable, stable" provincial funding for infrastructure so municipalities can "budget accordingly" to build roads, bridges and sewers.

Grenier said the Welland delegation will meet with provincial officials about trying to lessen the red tape and "regulatory hurdles" businesses are forced to "leapfrog" when trying to expand.

"We want to make the case that there are companies in Welland that want to expand and create jobs in our city."

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LOCAL NEWS

OPINION

New adventures at old lighthouse

It was a lonely sound, a deep baritone reverberating through the seaside city.

But for me, growing up not too far from the north shore of Lake Erie, it was a lullaby on dark stormy nights.

The distinctive sound is now a comforting memory of home and childhood, and better vanished times when such things as mortgages and escalating utility bills were left to my parents.

That foghorn fell silent years ago, made redundant by new technology. The lighthouse that housed the massive foghorn shared the same fate in 2010, decommissioned by the federal Department of Fisheries and Oceans along with about 1,000 others across Canada.

It's been years since anyone has heard those deep bass tones ringing through my hometown, but I was recently reminded of that sound last weekend by Paul Kendrick, the son of Al Kendrick, who was the last of Port Colborne's lighthouse keepers.

Kendrick teamed up with Erno Rossi and members of the Friends of Port Colborne Lighthouses along with Scott Wolfe from the Port Colborne Marine Auxiliary Rescue to lead tours of the old structures that once safely guided ships into the Welland Canal.

While I recall a comforting distant sound, the experience was somewhat different for Kendrick — being right inside the lighthouse when the horn sounded.

"This would literally almost

blow you off the end," he said during the tour.

He said he recalled telling his father, "I want to go up in the tower and watch you turn the foghorn on."

And from that vantage point, he'd look out and watch the reaction of nearby fishermen.

"There were some who would just jump, because it was so loud," he said while holding two bronze pistons, the only surviving remnants of the foghorn.

He said when the lighthouse was decommissioned, workers weren't very interested in the foghorn's preservation.

"They took sleight hammers to everything," he said.

With the exception of the two pistons that his father kept as mementos, Kendrick said the rest of it is in the lake in pieces.

This was the second year the group has organized lighthouse tours, raising funds for the restoration and preservation of the nearly-century-old beacons.

Having missed out on the opportunity to visit the lighthouse during Canal Days, I

packed my daughters into the car and we drove to Port Colborne last Saturday.

It was definitely worth the trip, as well as the \$25 I forked out to pay for four people.

The buildings, however, were never intended for tourists.

Climbing to the top of the towers through a series of ladders and holes through the concrete floors posed a bit of a challenge for some of the visitors. There are no stairways, and certainly no elevators. And the railing surrounding the walkway at the top of the tower is just high enough to be frightening.

Well, it was enough to scare my daughters who screamed as I backed up toward it while taking their pictures at the top

of the tower.

It's no wonder tour organizers required participants to sign a waiver.

There was something more frightening during the tour than even the knee-high railing designed to keep people from falling about 50 feet to the jagged rock and concrete below.

There's a tunnel that runs the length of the outer breakwall, used as a safe passageway to access the outer lighthouse on stormy nights.

Although that tunnel officially remained off-limits during the tour and I'd closed off by a heavy steel door at the north end, I had to see it.

While everyone else climbed the ladders to the top of the outer lighthouse, I went

the other way, descending a dark staircase to the tunnel below. The girls were afraid to follow me.

It was dark and foreboding, but it would have been terrifying to anyone who is neurotic about clean freak.

The lighthouses have been automated for decades and in that time it's doubtful that anyone has been down there — at least anyone with a mop. The floor was covered with the shells of zebra mussels and other debris, feeling as though it was several inches thick as it crunched under my weight.

The only light was from small arched openings along the length of the tunnel that looked like it would never end.

Rossi said he hopes to open the tunnel to tours in the future as well, although it would take about 50 gallons of Mr. Clean to make that possible.

Although people will have to wait until next summer's Canal Days for the next public lighthouse tours, Rossi said members of the Friends of Port Colborne Lighthouses will still bring people to see it in the months ahead.

"Weather permitting, we'll take tours by appointment up to November," he said.

Appointment-only tours will resume next May.

People interested in seeing the old lighthouses up close can contact Rossi at 905-835-8051 or through e-mail to rossi@cgco.ca.



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John Toben, Publisher, Print & Digital
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I'VE BEEN THINKING

Fear and Trust in God

PASTOR GORD ABRAHAM
Port Colborne Baptist Church

Picture a child being wrapped in "bubble-wrap" by Mom or Dad every time they go out to play.

Bound up with red "fragile" tape. Ridiculous, but very representative of how we instill fear in ourselves and others about everything that we can encounter in our lives and world today.

I am amazed at how much fear there is in raising children, to the point where we have to guard everything they do and are involved in every way, piece of equipment and activity must be checked, rechecked and proven to be risk-free. You may hear people of a certain age say, "Why, when I was young we didn't have all this protection and fear put on us..."

As we look and listen to what is going on around us we are tempted to curl up in a fetal position.

I quote part of a blog from Scot McKnight

as he quotes an article, "The Impact of bad news" from *Science Is Us*: "A terrifying jihadist group is conquering and butchering its way across big swaths of Iraq and Syria. Planes are falling out of the sky on what seems like a weekly basis. Civilians are being killed in roving numbers in the Israel-Gaza conflict. Others are falling prey to Ebola in West Africa. The world, in short, is falling apart. That's how it feels, at least, to those of us who sit at a blessed remove from the death and destruction, but who are watching every bloody moment of it via cable news and social media. It raises an important question: In an age when we can maintain bad news 24/7 if we so choose, what's the psychological impact of all this exposure to tragedy at a distance?"

These are classic examples of how fear works in our lives. We may be given information or hear stories about some person, place, event and situation. The problem is that the information has been influenced by the

agenda, misunderstandings or fears of the presenter and they pass on to us something that can be frightening.

I am not saying that we should not have a healthy fear of some real things, that there are no fearful things, that we are to be careless in our lives, nor am I saying that we reject everything and everyone who is telling us what might happen.

A friend of mine has defined fear as False Evidence Appearing Real. I agree with him that much of what we fear will never happen and does not have to paralyze us and keep us from the joy and confidence of living in the service of others. Do you live in fear of what life has to offer us? We do not have to live under the control of the economic, political, military, religious, marketing and media "fear-mongers" God has come to us through His Son, Jesus Christ, so we can live in His confidence. He is God, He made us, He is working in our world and He will guide us. We do not need to fear.

There is a place and mindset of wisdom, confidence, peace and trust that enables us to walk through these days of growing uncertainty, hearing the fear-mongers and discerning what is right and what is wrong. Certainly we are to fear God if we are living in rebellion to him. Proverbs 1:7 "Fear of the Lord is the beginning of knowledge. Only fools despise wisdom and discipline. But, Jesus tells us that we can have peace." (John 14:1, 27 NLT)

Paul the Apostle wrote, "For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." (2 Timothy 1:7 NLT).

We can choose to chase after God, take His promises, peace and hope or we can live in the ongoing struggle with fear and intimidation.

Don't let your hearts be troubled. Trust in God, and trust also in me. I am leaving you with a gift — peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.

Term report for regional government

BRIAN BATY
For QMI Agency Niagara

Considerable effort is placed on measuring performance and comparing our results to those of other regions.

Niagara's regional councillors also have increased efforts to communicate with staff and taxpayers in the region to seek their input or commentary on performance. We undertook a governance review that revised the eligibility rules for candidates for regional chair so that the

candidates for Chair must already have been elected by voters in their local municipality to the position of regional councillor.

We also revised the code of conduct to promote accountability and respect. An integrity commissioner was retained on an as-needed basis to promote compliance with the code of conduct. An improved audiovisual system was installed in the council chambers during a significant reconstruction. This includes computer monitors, a microphone and a voting machine at each councillor's desk. The speakers list is displayed and the speaker's time is limited to 10

minutes. When a vote is called the voting results are displayed to the public so that each councillor's vote is recorded.

Major initiatives have taken place to promote Niagara as a place that is "Open for Business." We totally revamped the economic development department and have established new levels of collaboration with local economic development offices. For every dollar returned in brownfield properties, downtowns and heritage properties we have seen a \$8 return on investment. We eliminated the industrial development charges resulting in the creation of 173 new jobs. Municipal offi-

cial plan review and approval has been reduced in time by 80% from 750 to 117 days on average.

We partnered with a St. Catharines employer to create 400 positions, 68 of which were filled by individuals on social assistance. We secured a \$5-million investment from Ilexcon to produce electrical parts for wind turbines, creating 50 permanent jobs. We secured a Cultural Capital of Canada designation from Heritage Canada in 2012 and a \$1.6-million grant to strengthen Niagara's culture sector.

See BATY on Page 5

Shipwrecks — Sonia

SKIP GILLHAM
For QMI Agency Niagara

The small steamer *Sonia* made eight trips to the Great Lakes for the Warren Line from 1929 through 1934.

The vessel had been built in England in 1926 as *Nidaröen* before becoming *Delson* in 1928 and *Sonia* in 1929.

It was sold again in 1941 and renamed

Liverpool Packet. During the war, the ship was used to carry stores and supplies for the Canadian government and was torpedoed by U-432 about 20 kilometres off Seal Island, N.S., on May 30, 1942. Two members of the engine room crew went down when the ship sank quickly. The rest made it to the lifeboats. The enemy submarine surfaced and gave the sailors directions for rowing ashore. These men were picked up by a lobster boat about eight hours later.



PHOTO: HENRY DAN MCCORMICK COLLECTION, COURTESY ROCKVILLE MUSEUM

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■ BATY

Numerous achievements highlighted

From Page 4

We recently established an annual culture incentive grant program to further stimulate that employment sector. We invested in research and innovation to support entrepreneurial activities in biosciences, digital media and related information technology industries. A total \$2 million was invested in the Cairns Family Health and Bioscience Research Complex at Brock University. \$10,000 was contributed to establish the inaugural Niagara Integrated Film Festival and we secured a \$25-million investment from China-based TSP Canada Towers to produce wind turbine towers at the former Hayes-Dana plant creating 150 jobs.

Canadian Tire Financial Services added 200 new jobs in Welland and St. Catharines with another 200 planned for 2014.

We partnered with Niagara College and Brock University to provide 750

students with training and workplace opportunities in our long-term care homes and child-care centres. We established a Niagara Gateway economic zone and centre implementation committee to establish an incentive program to promote economic investment in the centre along the Welland Canal from Thorold to Port Colborne and the zone from Niagara Falls to Fort Erie along the QEW corridor.

We often hear about plant closures and the downside of a recession, but there are good news stories as well.

In an Ipsos Reid survey in 2013, 68% of Niagara manufacturers expect to see an increase in business profitability over the next three years.

Brian Baty is a regional councillor for Pelham and a member of the Niagara Gateway Economic Zone and Centre Implementation Committee. brian.baty@niagararegion.ca

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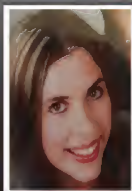
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■ PROTEST

Niagara Action for Animals to demonstrate against rodeo

ALLAN BENNER
QMI Agency Niagara

A billboard set up beside Niagara Regional Exhibition grounds for the past three weeks asked people to "Say no to the rodeo."

And when the Ultimate Rodeo Tour takes place at the fairgrounds Friday, Aug. 29, at 6:30 p.m., members of Niagara Action for Animals plan to be there holding a peaceful demonstration, protesting what they described as a "problematic" industry.

Rodeo Management Group representative Jessica Medeiros, however, said the company

organizing the event has nothing to hide.

A Niagara Action for Animals media release issued last week says rodeos involve "the use of fear, stress or pain to make animals perform."

"There is also considerable risk of injury or death for the animals," the media release adds. "These rodeos and the suffering the animals endure are especially unacceptable, given the unnecessary and frivolous nature of rodeo as entertainment."

"It's time to leave rodeos behind with the games of ancient Rome," the media release says.

The media release includes a letter by veterinarian Dr. Peggy Larson describing the events as "torture." Larson's letter can be found on Niagara Action for Animals' website: www.niagaractionforanimals.org.

Medeiros said protest are not uncommon during events Rodeo Management Group organizes in communities throughout the province each summer.

"We experience that at all our venues. There's a lot of opposition for it from the animal rights groups," she said.

See RODEO on Page 7

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■ RODEO

Rodeo comes to town August 29 at NRE grounds

From Page 6

However, she said company president Ross Millar — a rodeo cowboy — often meets with protestors, offering to allow them to see the conditions of the animals for themselves.

"Often times, they will show up at the events and (Millar) will go and speak with them," Medeiros said. "He's very good about offering to show them around the grounds, show them how the animals are treated and transported and all that kind of thing, and just try to educate them on how things happen and debunk some of the myths that are associated with some of their complaints."

She said the western rodeo planned

for Welland — the first the company has held in the Rose City for several years — will include barrel racing, bull riding and pole bending, as well as other rodeo events. It won't, however, include the roping events that Larson described as the "most cruel" in her letter.

The rodeo is also part of the Rodeo Benefit Campaign in support of the Canadian Diabetes Association, Medeiros said.

Millar, as well as representatives from Niagara Action for Animals, did not return phone calls Monday.

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ALLAN BENNER/STAFF PHOTO

A billboard was set up near the Niagara Regional Exhibition grounds by Niagara Action for Animals in protest of a rodeo planned for Aug. 29. The group is also planning a demonstration prior to the show.

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LOCAL NEWS

CHARITY EVENT

Senior to ride for multiple sclerosis

ALLAN BENNER
QMI Agency Niagara

Community fundraising efforts are making a difference for people living with multiple sclerosis, Port Colborne resident Larry Peyton said.

"There's major research going on in Saskatchewan, and hopefully..."

Money raised through community activities like next weekend's MS Bike Niagara has contributed to efforts to develop new treatments and ultimately a cure for the debilitating disease, he said.

Peyton is one of about 350 participants expected to participate in the regional bike ride Sunday — an event that brings in about \$350,000 a year for MS research.

Peyton was 70 years old when he first decided to participate in MS Bike Niagara, a bicycle tour of Niagara communities held to raise funds for multiple sclerosis research.

At the time, a close family member had

recently been diagnosed with MS, and Peyton wanted to do something to help. He recalled seeing a story about MS Bike Niagara and decided to participate.

"I thought well, I've been riding a bicycle ever since The Tribune had delivery guys with bicycles many years ago," he said. "I thought with a little bit of training, I could get in shape to do that."

He's participated in every ride since, single-handedly contributing more than \$2,000 to the cause. Now, at 80 years old, Peyton is finally slowing down — a little.

Instead of riding his mountain bike for 70 km next weekend during the MS Bike Niagara, the Port Colborne resident is taking his family's advice and following the 40 km route instead. It takes place Sunday on the streets of Crystal Beach, Ridgeway and Fort Erie.

"It's just a recreational ride, it's not a race," he said.

See MS on Page 9

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■ MS

80-year-old to ride in MS Bike Niagara

From Page 8

Nevertheless, Peyton has been spending a lot of time aboard his mountain bike in recent days, preparing for the event.

"For the last three months, I've been on my bike a little bit, but yesterday I started the long rides," he said.

Peyton's training takes him along the Friendship Trail to Ridgeway and back to Port Colborne.

"It's an hour's ride down ... and an hour and half to come back because it's against the wind," he said.

During rides this week, Peyton plans to add to the distance he rides everyday so by the time the MS Bike Niagara arrives, he'll be ready for the 40-km trip.

Even when he's not training, Peyton said he prefers to ride his bicycle.

"I ride four to five times a week. I'd rather ride downtown than drive downtown," he said. "It gives you the opportunity to see a little bit more."

He's not relegated to pavement on his bicycle, and can enjoy the scenery following the bike paths along the canal.

Besides raising money for a good cause, Peyton said it helps keep him in shape.

"I've dropped a couple of pounds since the beginning of the week. It's working," he said.

People interested in sponsoring Peyton can contact him at 905-834-6205.

More information about the event can be found online at www.msbike.ca.

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COURT

Ingredient charged in worker's death

MARYANNE FIRTH
QMI Agency Niagara

Ingredient Canada is facing three Ministry of Labour charges after a worker was fatally injured

at the company's Port Colborne plant last year. The Occupational Health and

Safety Act (OHS) charges against the company, sworn in Monday, follow an eight-month-long ministry investigation launched after worker Dan Gilmore was crushed between a rail car and a steel beam while working at the Invertoze Dr. facility Nov. 8.

The 28-year-old succumbed to his injuries at Hamilton General Hospital 10 days later.

In November, the Ministry of Labour told *The Tribune* Gilmore came into contact with a stationary post while standing on the fixed ladder of a moving rail car. His injuries were originally thought to be non-life-threatening.

"We confirm that the company has received a summons from the Ministry of Labour following the investigation into the death of Dan Gilmore last November," said Claire Regan, Ingredient director of corporate communications.

"We were profoundly saddened by the loss of our valued colleague. Safety is our highest priority, and we have been co-operating with the ministry's investigation into the accident."

Regan said she could not provide further comment until the case is concluded.

Two of the charges against Ingredient are for failing to ensure measures and procedures outlined in sections of the OHS Act were carried out at the workplace.

The clearance between moving rail cars and the stationary posts of the loading platform in the building was not sufficient to ensure that the safety of workers in the area was not endangered, alleged Ministry of Labour spokesman William Lin.

See CHARGE on Page 11

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■ CHARGE

Ministry of Labour concludes eight-month investigation

From Page 10

Rail cars were also used to transport workers who were not seated in a permanently installed seat, he added.

The third charge is for failing to provide information, instruction and supervision to a worker to protect the worker's safety.

The ministry alleges Ingreddon did not provide information, instruction and supervision to Gilmore sufficient to protect him from the hazard of riding rail cars in a building with close clearances, Lin said.

According to the Occupational Health and Safety Act, each conviction could result in a fine of up to \$25,000 for an individual and/or up to 12 months imprisonment, as well as a fine of up to \$500,000 for a corporation.

Ingreddon's first court appearance is scheduled to take place Friday, Sept. 12, at 9 a.m. in St. Catharines.

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QMI Agency Niagara
A mother welcomed her son

into the world along Hwy. 406 in St. Catharines last Friday morning.

"The baby was delivered before we got there," said OPP Sgt. Kerry Schmidt.

Police said the woman and her husband were driving north on the highway when the woman went into labour. They pulled over and called 911 shortly after 8 a.m.

By the time Niagara paramedics arrived, the baby had been delivered. He was born in the northbound lanes between Geneva St. and Fourth Ave.

Schmidt said it's not unheard of for

OPP to be called to Ontario roadways because a woman is giving birth.

But, it's always something to remember,

"It's usually an exciting, fun, adventure to look back on," Schmidt said.

The child and mother were taken to St. Catharines hospital. A spokesman at the hospital said both of them are healthy and happy.



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PREVENTING DEHYDRATION

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Fortunately, there are some very simple steps that you can take to prevent dehydration. Always bring extra water with you – especially for outdoor events or if working outside. Wear light-coloured and loose-fitting clothing as it will keep you cooler on hot, sunny days. Try to avoid exercise and exposure during high heat index days or at least limit time spent in the heat by finding a shaded area to cool down. Limit alcohol consumption, because alcohol increases water loss leading to dehydration.

It is important for everyone to keep hydrated, but it is especially important to ensure that children and elderly people are getting enough fluids. It may be difficult to get children to drink lots of water throughout the day, so providing them with snacks of fruits and vegetables that have high water content will help to replace those lost fluids. Some of the most hydrating foods include cucumber, iceberg lettuce, tomatoes, watermelon, strawberries, and cantaloupe.

Warmer weather and sunny days are ideal for outdoor events and activities, but please keep in mind our tips for staying cool and hydrated this summer season!

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• HST

FEATURES:

- Keyless Entry
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Stamford Fireplaces

Midnight Madness Sale

**NEW
LOCATION!**



Fri, Aug. 22nd

9 AM - MIDNIGHT

Sat. Aug. 23rd

9AM - 5PM

Too many deals to list!

ENVIRO E30 GLASS GAS INSERT <small>Installed</small> sale \$2899 <small>reg. \$4299 Save \$400.</small>	PACIFIC ENERGY HERITAGE 27 WOOD STOVE <small>Installed</small> sale \$1599 <small>reg. \$1899 Save \$300.</small>	KOZY HEAT LAKEFIELD GAS STOVE <small>Installed</small> sale \$2399 <small>reg. \$2699 Save \$300.</small>	VERMONT CASTINGS STARDANCE GAS STOVE <small>Installed</small> sale \$2899 <small>reg. \$3199 Save \$300.</small>	MAJESTIC 400DVB1 DIRECT VENT <small>Installed</small> sale \$2299 <small>reg. \$2699 Save \$400.</small>
PACIFIC ENERGY SUPER WOOD INSERT WOOD BURNING <small>Installed</small> sale \$2299 <small>reg. \$2599 Save \$300.</small>	VALOR 739JLN GAS INSERT <small>Installed</small> sale \$2999 <small>reg. \$3299 Save \$300.</small>	ENVIRO WESTPORT GAS STOVE <small>Installed</small> sale \$3199 <small>reg. \$3599 Save \$400.</small>	KOZY HEAT NICOLET DIRECT VENT <small>Installed</small> sale \$2399 <small>reg. \$2699 Save \$300.</small>	TOWN & COUNTRY TC36 SEE THRU DIRECT VENT <small>Installed</small> sale \$7499 <small>reg. \$9899 Save \$2400.</small>
MAJESTIC PATRIOT DIRECT VENT <small>Installed</small> sale \$2199 <small>reg. \$2399 Save \$200.</small>	MAJESTIC ECHELON 600 DIRECT VENT <small>Installed</small> sale \$2299 <small>reg. \$2599 Save \$300.</small>	TRAVIS TREE OF LIFE GAS STOVE <small>Installed</small> sale \$3599 <small>reg. \$3899 Save \$300.</small>	MAJESTIC OXFORD GAS STOVE <small>Installed</small> sale \$2399 <small>reg. \$2699 Save \$300.</small>	MAJESTIC 300DVB W/MANTEL DIRECT VENT <small>Installed</small> sale \$2499 <small>reg. \$3199 Save \$700.</small>

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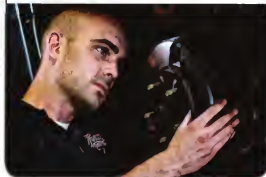
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- MotoMaster oil filter
- Vehicle inspection
- Top up selected fluids



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- Battery test
- Visual brake inspection



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AUGUST 23

ROAST BEEF SUPPER

at Morgan's Point United Church, 11430 Lakeshore Rd., Wainfleet. Sittings at 5 p.m. and 6 p.m. by reservation only. Adults \$15, children under 10 \$5. Phone 905-896-3626.

BABYSITTING COURSE

From 9 a.m. to 3:30 p.m., the St. John Ambulance babysitting course is offered at Port Colborne Public Library for children aged 10 to 14. Proof of age required; \$35 per participant. Pre-register and pre-pay at the library. Space is limited.

AUGUST 24

MS BIKE TOUR

Port Colborne's Larry Peyton is in his 10th year to raise funds to help his son who has multiple sclerosis. He has registered for the MS Bike Tour to fulfil a personal challenge, and to help the MS Society fund research.

advocate for change, and help people with MS and their families. To donate go to mslive.ca or call Peyton at 905-824-6205.

GOLF TOURNAment

and perch supper fundraiser hosted by St. Matthew's Lutheran Church at Freedom Oakes Golf Course, 612 Sandy Bay Rd., Dunnville; golf 2 p.m. sharp, supper at 5 p.m. Nine holes with cart and perch supper is \$50 for adults. Kids golf for free. Burgers and fries \$6, perch supper only, \$20. For questions or reservations call Dianne at 905-735-1152.

AUGUST 26

FIRST AID/CPR/AED

instruction, and on Aug. 27, at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 4:15 p.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

More on page 22

Brock University 50 1964-2014

Swimming Lessons at Brock!

Fall 2014 registration opens
Monday, August 25, at 8:30 a.m. and continues until classes are full. Classes begin September 20.

Register online, in person or by phone.

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IMPORT NEWS LATEBOOK

SEPTEMBER 2

WOMEN'S ENTREPRENEUR

classes (in French) are folded into an eight-week program beginning this day at Welland Heritage Council and Multicultural Centre, Monday to Friday, 9 a.m. to 2:30 p.m. Child care available. Contact Lori for

more information at lwesbter@wellandheritagecouncil.com or 905-732-5337 ext. 128.

SEPTEMBER 4

SMART SERVE

training at Employment Solutions, 3 East Main St., Welland, 9 a.m. to

12:30 p.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

SEPTEMBER 6

PIG ROAST

The third annual pig roast fundraiser for the Golden Age Club at 184

Mitchell St. in Port Colborne features an afternoon of activities and music starting at 3 p.m. The menu includes fire roasted pork and chicken, salads and corn, dessert, tea and coffee. The meal is provided by Chuck Simpson, and the music is provided by Joe Crawford. Tickets are \$15 a person and can be reserved by calling 905-834-0683.

FIRST AID/CPR/AED

instruction, and on Sept. 26, at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 4:15 p.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

ONGOING

SECOND CAREER

Information sessions at Employment Solutions, 3 East Main St., Welland, on Fridays 10 a.m. to 11 a.m. Call 905-788-3751 or e-mail reception@employment-solutions.org to reserve a spot.

ONTARIO SELF EMPLOYMENT

Benefit Program has free information sessions: Aug. 21, 2 p.m. at Job Gym, 905-732-7655; Aug. 28, 2 p.m., at Port Carles, 905-834-3629. Sign up to learn more about how this program can help you with starting your own business.

ROSE CITY TOASTMASTERS

Have fun and improve your communication skills, for free at any or all of the Rose City Toastmasters summer meetings: July 10 and Aug. 7 and 20, 7 p.m. to 9 p.m. in the Lower Community Room of Welland Arena, 501 King St., Welland. Visit welland.toastmastersclubs.org.

SPAN

(Single Person Association of Niagara) is a social club since 1982 for mature singles who meet and mingle at Iggy's Pub, 115 Hwy. 20, Fonthill, every Tuesday from 6 p.m. to 8 p.m. Offers members a monthly calendar of social activities. Further info, call Lynne at 905-788-0359.

SEPTEMBER 14

BARBERSHOP CHORUS

Gentlemen of Harmony Barbershop Chorus performs 2 p.m. at No. 6 RC4F Dunnville Museum, Dunnville Airport, Hangar 1, 536 Pl. Maitland Rd. Tickets \$10, available at Art Service Office Supply, Dunnville, and at the door, or call 905-701-8238. Doors open at 1 p.m.

SEPTEMBER 16

WHIMIS

training at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 12:30 p.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

SEPTEMBER 23

SMART SERVE

training at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 12:30 p.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

SEPTEMBER 25

OCTOBER 26, 2014

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EVENT INFORMATION

Marathon *	\$120
Half-Marathon Run/Walk	\$95
10k Run/Walk	\$60
5k Run/Walk	\$50
2k Run/Walk	\$40
2k 5K Youth (17 & Under)	\$25

All fees are in Canadian dollars.
*Registration deadline for events starting in US is October 20, 2014

2014 RUNFEST WEEKEND

FRIDAY, OCTOBER 24
1:00pm - 7:00pm - RunFEST Expo (Niagara Square), Northern Pick-up & New Registration (including Marathon) tickets sold out.
SATURDAY, OCTOBER 25
8:15am - 10:00am - Running Room International Breakfast
Run, Open to the Public - Running outside Oaks Garden, FREE Breakfast at Hotel International Niagara, 9:00am.
9:30am - 5:30pm - RunFEST Expo (Niagara Square), Northern Pick-up and New Registration (including Marathon) tickets sold out.
2:00pm - RunFEST Sweepstakes Prize Giveaway Presentation
5:30pm - RunFEST Pasta Dinner - \$28.50 (Sung Finish Throws, US 100m Road, Loro Shredder and After Party)

SUNDAY, OCTOBER 26
8:00am - Schools Marathon Challenge Start
8:30am - 10k Start
9:00am - 5k Start
9:30am - 2k Start
10:00am - Half Marathon Run/Walk Start
10:00am - Marathon Start

No registration or number pickup at Race Day



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